



Refreshments

Most items on this page are seasonal, please ask for availability

Juices

(no added sugar, freshly squeezed)

330ml. Juiced upon order; may take a while.

Sugarcane Juice	7k
Carrot or Beetroot	9k
Orange or Pineapple or Watermelon or Apple	11k
Add: ginger / lime / mint / basil / baobab / cinnamon	1k
Mixed blends	11k
Popular & recommended medleys listed below:	
COG [Carrot-Orange-Ginger]	
AOG [Apple-Orange-Ginger]	
CAG [Carrot-Apple-Ginger]	
BOM [Beetroot-Orange-Mint]	
ABCG [Apple-Beetroot-Carrot-Ginger]	11k

Sugarcane lemonades

Cane lemonade: sugarcane juice, lemon, lots of ice	8k
Cane & Ginger lemonade	9k
Cane & Carrot lemonade	9k
Cane & Pineapple lemonade	11k
Cane & Watermelon lemonade	11k
Cane & Baobab Lemonade	9k

Daily sips

Smoothie <i>(ask for flavours)</i>	11k
Milkshake <i>(ask for flavours)</i>	11k
Sparkling lemonade	9k
Virgin Mojito	14k
Italian Soda <i>(flavoured soda water)</i>	9k
Rock Shandy	9k

k = 1000

E.g. 9k = 9000 (nine thousand Malawi Kwacha)



Persian & Middle Eastern Dips [Served with Naan]

Mirza Ghassemi  27k
Spread of mashed grilled aubergines, slow-cooked tomatoes, scrambled eggs, and a touch of garlic. Served warm. Persia

Mast o Bademjaan  27k
Spread of smashed fried aubergine w/ fried onions, **walnuts**, mint, and yoghurt. Served cold. Persia

M'hammara 29k
Smoky roasted red bell peppers and walnut, blended with sweet tangy pomegranate molasses and bread crumbs for a creamy texture. Served cold. Levant

Mast o Khyaar  26k
Cool creamy yoghurt infused w/ cucumbers, garlic, mint and raisins. Persia

Hummus  26k
Creamy chickpea spread w/ Tahina, garlic, lemon, and olive oil. Cold. Levant

Baba Gannoush  26k
Smokey flame-grilled aubergine spread w/ tahina, garlic, lemon, and olive oil. Served cold. Levant

Mezze Platter Arabic (sharing ≈ 3-4 pax)  38k
Trio of Hummus, Baba Gannoush, and Tabbouleh. Levant

Persian Mezze (sharing ≈ 3-4 pax)  39k
Trio of **Mast-o-Bademjaan**, Mirza Ghassemi, and mast-o-khyaar

Grande Mezze (sharing ≈ 12-16 pax)  94k
King size platter of Baba Gannoush, Hummus, Mirza Ghassemi, **Mast-o-bademjaan**, Tabbouleh, M'hammara, Mast o khyaar, Cucumber Pickles, Olives, and fruit.

Key: **Vegan**

 Option for gluten free

Vegetarian

Contains Nuts

Pescatarian



Persian & Middle Eastern Meals

Orchid Buddha Bowl

29k

A harmony of food, colour and texture. This entree combines seasoned chickpeas w/ avocados, bulgur wheat, beetroot, and carrot, topped w/ crunchy seeds

Add chicken 7k

Add Hummus 7k

Kookoo Sabzi

34k

Spinach, dill, leek and cheese Persian omelette (glocalised). Topped with **nuts**, cranberries, and pomegranate sauce. Persia

Grilled Halloumi watermelon salad (new addition!)

34k

In creamy honey and siracha dressing, combined with avocado and mint.

Spanakopita

34k

Our version. Toasted flatbread herb & cheese quesadilla. *Served w/ yoghurt dip*

Aubergine & Feta Kefte

32k

Baked: cutlets of Aubergine married with fragrant Herbs and Feta. Levant

Fatteh

34k

Seasoned chickpeas and garlic-sesame-yoghurt scattered on a bed of oven toasted aubergine, toasted flatbread & **nuts**. Served cold. Levant

Beef / Chicken Fatteh

39k

Seasoned minced beef (or chicken) and garlic-tahini-yoghurt scattered on a bed of oven toasted aubergine and toasted flatbread, topped with **nuts**. Levant

Roasted butternut salad (new addition!)

26k

Nutrient rich salad containing seasonal veg & apples in a citrus vinaigrette dressing. add **chicken** 7k

Falafel Sandwich / Falafel Salad

29k

Falafel balls (i) in pita pockets, w/ tamarind-date sauce, and garlic-sesame-yoghurt (ii) on a bed of garden salad w/ tamarind-date sauce 

Persian Espagheti

41k

Nut-Basil Pesto Spaghetti. **Prawn** or **Mushroom**. Topped with **nuts**

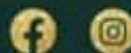
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Persian & Middle Eastern Grill

[Served with Naan, Salad Shirazi & yoghurt dip]

Koobideh (minced meat)	43k
Chicken or beef or mix. Persian minced kebob w/ saffron butter	
Kebob-e-Torsh (steak)	43k
Garlic & Persian BBQ spice steak pcs w/ saffron butter	
Joojeh kebob (chicken) 	41k
Chicken fillet marinated in saffron, lemon, and turmeric w/ saffron butter. Persia	
Barg kebob (sheep) 	49k
Tender lamb marinated in onion, sumac & yoghurt w/ saffron butter. Persia	
Bakhtiyari (mix) 	46k
Mix grill of Barg(sheep) and Joojeh(chicken) w/ saffron butter. Persia	
Musakhan	36k
Chicken thighs marinated in all spice & sumac served on pita w/ nuts & fried onions. Palestine	
Kebob Shawarma	49k
Joojeh or Torsh or bakhtiyari in pita pockets and salad w/condiments	

Stews

Moroccan Curry 	39k
Chickpeas & red Lentils cooked in a tomato-base broth, onions, touch of garlic and ginger seasoned in Moroccan spices. Served with Rice	
Galaye Maygoo va Mahi 	47k
Spicy-sour Fish and Prawn stew cooked in tamarind, tomatoes & ginger. Served with Rice. Southern Persia	
Nihari	46k
Thick, slow cooked spicy mutton (goat) curry served with Pita bread. Pakistan	
Aloo Mosamaa 	47k
Saffron-infused salty Apricot-Prune Chicken stew. Served with Rice. Persia	

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Persian & Middle Eastern Rice Specialties

[Served with mast-o-khyaar (Persian Tzatziki)]

Zeereh Polo va Koofteh 34k

Cumin Basmati rice served w/slow cooked meatballs and red sauce. Persia

Mujaddara Veg 29k

Aromatic fried basmati rice with lentil and fried onions. Coupled with stir fry diced veg: Nsawawa (green peas), Zitheba (green beans), Carrot & Eggplant.

Accompanied w/pureed tomato stew. Fusion: Iraq & Malawi

Mujaddara Beef/Chicken 39k

Aromatic fried basmati - lentil and caramelised onion - rice. Accompanied with flavoured minced beef or chicken. Iraq

Sayadieh 39k

Arabian Baharat (All-spice) Basmati rice and Prawns with crispy fillet of fried Chambo fish. Topped with **nuts**, and fried onions. Egypt

Kashmiri Pilaf 34k

Kashmir style spiced rice lightly fried accompanied with chutney marinated grilled chicken breast. Northern Pakistan

Sides

Pita (extra)/ Naan / Gluten free Flatbread 7k / 9k

Bowl of Saffron Rice 11k

Mast-o-khyaar (Persian Tzatziki-Yoghurt Dip) 11k

Pickles - Cucumber & Dill (house-made, contains wine) 11k

Salad Shirazi 9k

Tabbouleh Salad 10k

Side hummus/baba gannoush 11k

Side mushrooms / Feta / Shrimp / Falafel 14k

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Orchid



Around the world

Our twists on popular classics

Chicken Khwasu Khwasu	38k
Pan fried boneless chicken with mango Atchari, tomatoes, onions & pepper	
Orchid style Carbonara (new recipe!)	39k
Pasta drenched in creamy sauce & seared chicken strips	
Tikka Wrap (new addition!)	39k
Chicken breast cubes marinated in Pakistani tandoori masala wrapped in naan with salad shirazi and chilli mayo	
T-Bone Steak 400g	40k
<u>Simple</u> : Salt, pepper & garlic OR <u>Pakistani masala</u> . w/salad and (chips or rice)	
Grilled Chambo (open)	49k
Served with salad and rice (or Nsima). Traditional Malawian method and flavour	
Quarter Chicken and Chips	34k
Chargrilled Leg portion marinated in spices or plain. w/salad & (chips or rice)	
Fish and Chips	49k
Crispy coated and pan fried Chambo fillets and French fries, served w/salad	
Chicken Tacos	39k
2 x soft shell fried Chicken Tacos loaded with cilantro, salsa & corn	
Quesadilla	36k
Chicken or Steak. Pan grilled quesadilla served w/creamy garlic sauce and coleslaw	
Fish Tacos	49k
2 x soft shell fried Fish (Chambo) Tacos loaded with cilantro, salsa & corn	
Murgh / Daal Makhani	44k
Pakistani style boneless chicken cubes or lentils cooked in butter-spice-cashew gravy w/pita	
Chicken Masala	34k
Boneless chicken cooked in spicy yoghurt-ginger-garlic sauce w/onion & peppers	

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Snacks

Finger foods

Veg Spring rolls	19k
Diced veg rolled in wheat flour, deep fried	
Fish Cakes	19k
Fried Chambo & potato balls covered in breadcrumbs served w/spicy mayo	
Fish Fingers	34k
Deep fried battered crispy Tilapia w sauce	
Samosas	19k
Chicken or Beef samosas w/ketchup & hot sauce	
Masala sweet potatoes 	19k
Spicy plate of bite size sweet potato in BBQ mayonnaise with fried onions	
OFC – Strips	26k
Orchid style, flour-breadcrumb coated deep fried (actual) chicken breast strips	

Tea menu

Hot / Winter

Moroccan Mint Tea - green tea w/ fresh wild mint	9k
Detox - ginger, lemon, honey in hot water	9k
Winter Rooibos - rooibos w/ ginger, orange zest & mint	9k
Orange Spice - black tea w/orange, cinnamon, clove, ginger & honey	9k
Basic Teas - black, rooibos, white, green	9k

Cold (Iced) / Summer

Hibiscus Iced Tea – hibiscus, mint, ginger tea w/a hint of rose	9k
Lemon Iced Tea – black tea with lemon & mint	9k
Mint iced tea – Lemongrass and mint green tea	9k
AmaretTea (alcoholic) – Sweet vanilla and almond liquor black tea	9k
Moroccan Iced Mint Tea – green tea w/ fresh wild mint	9k

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Orchid Signature Cocktails

- Dodging Potholes - *Orchid original*** 12k
A giddy lemonade blend of rose and hibiscus. Citrusy, sweet, and a kick of vodka
- Very Demure** 16k
A mindful *mojito*. Craftfully muddled cucumbers and mint shaken with gin
- Aku Mpanda - *grew up behind a fence (privileged child) - Orchid original*** 19k
Tropical, sweet, and deceitful. Rum stirred with orange, pineapple and grenadine
- Erection Campaign** 16k
Our take on the *amaretto sour*. Sweet almond liquor shaken in lemon with lots of foam (egg white) and promise. Hints of bitters and nutmeg. Served on ice
- GinCane - *100% local ingredients / Orchid original*** 14k
Malawi Gin, lemon & sugarcane juice (freshly squeezed) with notes of ginger
- Lilongwe Fling** 29k
A smoky rendition of the *whiskey sour*. Tennessee whiskey shaken with bitters, lemon & egg white.
- Load Shedding – *tread carefully, may cause blackout*** 34k
Taller **long island iced tea** that contains more alcohol and more cola than necessary
- Madando - *complaint*** 19k
Tequila, Triple sec & lemon, served without ice for a perfectly potent *margarita*
- Bad day @ Work – *Orchid original*** 14k
A Spicy affair of vodka and mango, with hints of elderflower
- Capital of Dust** 13k
Vodka, coffee liquor and espresso shaken for a pick me up *espresso martini*
- Limited Resource Setting** 11k
Sparkly, sweet, and sour. This floral combo of gin and elderflower in soda is a bold improvisation of the *gin fizz*



Orchid



Beverages

Soft / Non-Alcoholic

Still Water 500ml	1k
Sparkling Water 500ml	6k
Sparkling Water 1.5l	9k
Coke/Fanta/Sprite/Sobo	3k
Pepsi Light/Coke Zero	7k
Tonic/Soda/Ginger Ale	7k
Schweppes 330ml	7k
Fitch & Leeds 200ml	7k
Soda/ Tonic Water 1l	9k
Boxed Juice Per Glass	6k
Appetiser / Grapetiser	12k
Red Bull	9k
Lime Cordial	3k
Other Cordial/Syrups	4k

Spirits/Liquers (35ml)

Malawi Gin	3k
Cape Stars Gin	3k
Hendricks Gin	13k
Malfy Gin	9k
Tanqueray Gin	10k
Malawi Vodka	3k
Capestars Vodka	3k
Absolut Vodka	9k
Smirnoff Vodka	6k
Bacardi Carta Blanca/Oro/Negra	11k
Captain Morgan Rum	6k
Tequila White/Gold	9k
Cactus Jack	7k
Premier Brandy	5k
Cape Stars Brandy	3k
Kwv 5 Yrs Brandy	5k
Kwv 10yrs Potstill	7k
Klipdrift	5k
Klipdrift Premium	6k
Amarula	7k
Baileys	10k
Butlers	9k
Campari	12k
Apple Sours	6k
Malibu	6k
Cinzano Blanco/Rosso	7k
Jagermeister	9k
Limoncello	4k
Mandaretto (amaretto almond liquor)	4k
Chambwe (coffee liquor)	4k
Kondana (hibiscus liquor)	4k
Ginger Brandy	5k

Beers/Ciders

Castel / Kuche Kuche	4k
Green / Special	5k
Pomme Breeze	4k
Carlsberg Chill	6k
Hunters Dry / Gold	12k
Savanna Dry / Light	14k
Breezer	13k
Castle Lite	10k
All Other Imported Beer	14k
<i>Ask Server for available beer options</i>	

Whisk(e)y (Shot/35ml)

J&B	7k
Vat 69	4k
Red Label / Grants	7k
Jameson	12k
Jameson Reserve Select	27k
Tullamore Dew	14k
Black Label	15k
Jack Daniels	11k
Jim Beam	12k
Monkey Shoulder	17k
Glenfiddich 12yrs	18k
Glenfiddich 15yrs	33k
Glenfiddich 18yrs	45k
Gentleman Jack	15k
Southern Comfort	6k

Wine

By glass (250ml)

Boxed (Red / White / Sweet)	9k
Cabernet Sauvignon / Merlot	19k
Sauvignon Blanc / Rosé	19k

By bottle

Cabernet Sauvignon / Merlot	57k
Sauvignon Blanc / Rosé	57k

Tobacco

Pall Mall	10k
2010	5k
Dunhill Blue	17k
Peter Extra Mild	16k
Sheesha	30k